



Author Visit



Track & Field Ribbon Assembly



Entrepreneur Fair



May 8, 2026

Congratulations to Ms. Lydersen, Ms. Larsson, Ms. Keefer/Mr. Boon and Ms. Poulin's classes for their successful **Entrepreneur Fair!** The time, effort and pride that went into their products, sales pitches and presentations was impressive.

Grade 7 Bottle Drive is tomorrow, Saturday, May 9th! There are three ways to donate your bottles for the grade 7 fundraiser:

1. Bring your bottles to the upper parking lot on **Saturday, May 9th**. We will be sorting from 10:00am-1:30pm
2. Drop your bottles off afterschool on **Friday, May 8th**. We will have a door to the building propped open in the upper parking lot (by the tree- not the main entrance) until 3:00.
3. Email Miss Poulin at courtney.poulin@sd68.bc.ca to arrange a pickup. Pickups will happen between 10:00-1:30pm on **Saturday, May 9th**. Please include your address in the email.

Thank you for your continued support of the grade 7's this year!

Next Friday, May 15th is our **Band Concert**. We look forward to seeing Ms. Lydersen, Ms. Larsson, Ms. Keefer/Mr. Boon and Ms. Poulin's classes performing. Please come and join us! Concert is at 1:15pm, doors will open at 1pm.



PARENTAL PARTICIPATION IN STUDENT PLACEMENT for the 2026-2027 SCHOOL YEAR

We are in the process of planning the next academic year. It is important you trust the school team to build classes, which suit the students' academic and social needs. We take a lot of care in doing classroom composition for each grade. We make up each class list in a way that maximizes the quality of teaching and learning conditions for all students. The decision for placement is based on many factors, such as: balancing academic ability, levels of independence, learning styles, social/emotional maturity, and maximizing the positive learning environment for the whole class. The classroom composition for each grade has to reflect the acceptance of all individuals within an inclusive school as we attempt to provide appropriate educational programming to all children. If you have specific educational information, that you would like us to consider about your child, please share them with me via email @ carie.wood@sd68.bc.ca by **no later than May 29, 2026**. We consider all requests, along with all other pertinent information provided by classroom teachers and support staff. As teachers may change schools and grade groupings are dependent on our enrolment numbers and balancing learning needs, **please describe optimal learning environments without referring to specific teachers.** **We are not able to take requests for individual teachers.**

A Message from PAC

- Hot Lunch orders can be made here: <https://munchalunch.com/>
- May 13th 8:45am PAC Meeting. Please join us!
- Volunteers needed for the Spring Fling! Please email cedarelempac@gmail.com

COUNSELLOR'S CORNER: by Sian Trombley

Counsellor's Corner: Less Screen, More Green

As the weather gets warmer and the days feel brighter, May is a wonderful time to help children reconnect with movement, nature, and simple moments of calm. After a long winter and a busy school year, many children benefit from a “spring reset” — small daily opportunities to breathe, move, play, and reconnect.

Spending time outside can support children's emotional well-being in simple but powerful ways. Fresh air, natural light, movement, and unstructured play all help children release stress and regulate their bodies. Even a short walk, a few minutes at the park, or time noticing the sounds and colours of nature can help children feel more grounded.

Families can support a spring reset by creating small outdoor rituals:

- Take an after-dinner walk together.
- Look for signs of spring on the way home from school.
- Visit a park or beach.
- Draw with sidewalk chalk.
- Plant flowers or herbs.
- Have a screen-free outdoor snack.
- Notice five things you can see, hear, or feel outside.

These moments do not need to be complicated. What matters most is connection, presence, and giving children time to slow down.

As the end of the school year approaches, children may also feel tired, excited, restless, or overwhelmed. Outdoor time can be a gentle way to help them move big feelings through their bodies and return to a calmer state.

This May, consider adding a little more “green time” into your family rhythm. Sometimes the simplest supports — fresh air, movement, play, and connection — can make the biggest difference.

“In every walk with nature one receives far more than one seeks.” — John Muir

