



*Snowflake Soiree Fun!*

Dec. 19, 2025

**December Spirit Week** was bursting with holiday cheer! From our morning school-wide carolling, door-decorating, to holiday gear, the festive spirit filled our hallways and hearts with joy!

A huge shout out to our PAC for hosting the **Snowflake Soiree**. Santa, gingerbread houses, cake-walk, button-making and more, highlighted the festive evening. Thank you, PAC!

NLPS News – Registration for the 2025-2026 school year will open Jan. 7, 2026. See flyer below.

### The Week Ahead:

<b>Mon. 5</b>	• First Day back from Winter Break
<b>Tues. 6</b>	• <b>Timberwolf Tuesday</b>
<b>Wed. 7</b>	•
<b>Thurs. 8</b>	•
<b>Fri. 9</b>	• PAC Hot Lunch



**Counsellor's Corner: Heading Into Winter Break** As we move into winter break, many families are shifting out of routines and into a slower season. This transition can be a beautiful opportunity to support regulation, connection, and rest—for children and adults alike.

#### **A few gentle ideas for the break:**

- **Protect predictability**

Even simple anchors—regular wake-up times, meals, or bedtime rituals—help children feel safe when school routines pause.

- **Make space for rest (without over-scheduling)**

Downtime supports nervous system recovery. Boredom can be creative, regulating, and restorative.

- **Lower the bar**

Not every day needs to be productive or festive. Calm moments matter just as much as big memories.

- **Connect through simple moments**

Short walks, shared meals, reading together, or quiet play often create the strongest sense of safety and belonging.

- **Name and normalize feelings**

Excitement, sadness, relief, and worry can all coexist during holidays. All feelings are welcome.

Winter break isn't about doing more—it's about **being** more present, more compassionate, and more attuned to what your family needs right now.

A gentle reminder: rest is not a reward. It's a necessity.

"In today's rush, we all think too much, seek too much, want too much—and forget about the joy of just being." — Eckhart Tolle

On behalf of the Cedar Staff, we wish you all a safe and happy holiday! See you in 2026!

Sincerely,

your Cedar Admin. Team Carie Wood and Katie Quinlan

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## School Registration 2026-2027

To register your child in Nanaimo Ladysmith Public Schools, the online, centralized registration will begin on **January 7, 2026 at 8 a.m.** Pacific Standard Time. The following information will help determine if this process will apply to you.

### Take a moment and ask yourself the following questions:

1. Is my child new to Nanaimo Ladysmith Public Schools?
2. Do I have a child that will be turning five years old on or before December 31, 2026 that will be entering Kindergarten?
3. Do I want to register my child in Late French Immersion for Grade 6? **Late French Immersion Students are placed as space permits.**
4. Do I want to register my child in Early French Immersion? **Applications will be received until January 31, 2026, at which time student selection will be determined by lottery. Parents will be notified in early February 2026.**
5. Do I want to register my child in secondary academies?

#### Lottery

Hockey

Soccer

Beach Volleyball

#### Try-outs / Audition

Lacrosse

Performing Arts

Jazz

**Applications will be received until March 1, 2026, at which time student selection will be determined either by lottery or tryout/audition. Parents will be notified by April 2026.**

6. Do I want to apply for a school transfer request (out-of-catchment)? **Applications are due March 31, 2026.**

FOR MORE INFORMATION PLEASE VISIT THE DISTRICT WEBSITE  
SD68.BC.CA OR BY EMAILING [EREG@SD68.BC.CA](mailto:EREG@SD68.BC.CA)



*Beautiful Rainbow @ Cedar*



*Extra Special Guests came to our Friday Caroling*

### Looking Ahead

- Jan. 15 – 8:45am PAC Meeting  
- Nanaimo Science @ Cedar
- Jan. 26 – 30 – The Great Kindness Challenge!
- 28 – PAC Buddy Pancake Breakfast
- Feb. 2 – 6 – Literacy Week
- Feb. 3/4 - Scholastic Book Fair
- Feb. 4 – K Immunizations
- Feb. 9 – Pro D Day, No School for students
- Feb. 16 – Family Day, No School
- Feb. 19 – Gr. 6 Immunizations
- Feb. 25 – Pink Shirt Day
- March 11 – Term 2 Progress Reports home today
- March 13 – Last day of class before Spring Break
- March 16 – 28 – Spring Break
- March 30 – First Day back from Spring Break